



**Girls Lacrosse Camps
Confirmation Packet**

Camp Dates: **June 26-June 28, 2009**
Northwestern Black Camp

Amount Paid: _____

Classification: _____

Balance Due: _____

Date Balance Due: June 5, 2009

Dear Campers,

We are very excited that you will be joining us for a great week of lacrosse camp with Amonte Sports. We hope that this week of camp will be a memorable and exciting experience for you.

Note that you have signed up for:

The Northwestern Black Camp June 26-June 28, 2009.

Please **read through the attached packet** carefully, as you will find all the information needed for camp. You can also access this information at www.amontesports.com.

All campers must submit a signed health & release authorization AND a copy of their most recent physical & immunization records no later than June 5, 2009.

****Please note: Online campers have already completed the health & release authorization electronically, but still need to submit physical and immunization records. Offline registrants must submit both.****

Please mail paperwork to the address below, or submit via fax to 847.556.6453.

Amonte Sports
PO Box 5366
Evanston, IL 60204

Campers should report for registration between 11:30am-1:00pm Friday, June 26, 2009.

Camp Ends @ 12:30pm, June 28, 2009.

With our impressive staff and unique teaching philosophy, we hope that you will have a competitive fun filled week of camp. Enjoy the beginning of the summer and we will see you on June 26, 2009.

Sincerely,

Kelly Amonte Hiller
Amonte Sports

Amonte Sports Contact Information
PO Box 5366
Evanston IL 60204
Phone: (1-877-Y-AMONTE) Fax: (1-847-556-6453)
agersuk@womenslax.com

Thank you for registering for the 2009 Amonte Sports Lacrosse School at Northwestern. Players should report to camp on June 26, 2009.

We hope that this will be a memorable and exciting experience for you to work with some of the top players and coaches from across the country! The information in this packet is VERY IMPORTANT, so please read it thoroughly and feel free to call us with any questions at our toll free number: 1-877-Y-AMONTE (1-877-926-6683) or e-mail us at agersuk@womenslax.com.

Registration Times & Location

11:30am-1:00pm on the 26th of June outside the dorm area. Exact directions to dorms will be sent prior to camp and signs will be posted on campus for location of registration. See the attached map for directions.

Camp Ends

Camp ends June 28th at 12:30pm. All sessions, including the final day will include intensive instruction to help the high school player improve their skill level.

Medical Paperwork

In order to attend—campers MUST submit a Health & Release Authorization waiver AND their recent Physical and Immunization records.

Online registrants have already completed the Health & Release Authorization waiver when registering online—BUT still need to submit Physical and Immunization records.

Offline registrants need to submit both the Health & Release Authorization waiver AND their recent Physical and Immunization records. Please see page 7 of this packet.

**** These forms must be received before June 5th, 2009****

Please either fax forms to: 847.556.6453

or mail them to: Amonte Sports

PO Box 5366

Evanston, IL, 60204

Travel

If you will be flying into camp, please use Chicago O'Hare or Midway Airport. We will provide a transportation service from both O'Hare & Midway to camp for a fee, and back to each airport after camp. If you would like to take advantage of the camp transportation service, you should have indicated this during the online registration process. If you did not, and would like to, please contact agersuk@womenslax.com ASAP.

Payments

Full payment of camp fees must be received by Amonte Sports **June 5, 2009**. If you signed up online, your remaining balance due will be automatically charged to your credit card 2 weeks prior to the start of camp.

Checklist of Things To Bring

T-shirts	Sneakers	For Goalies:
Shorts	Lacrosse Stick	Goalie Equipment
Sweat Shirt	Mouth Guard	Goalie Stick
Sweat Pants	Towel	Goalie Helmet
Sports Bras	Bathing Suit	
Cleats	Fan	
Athletic Socks	Water Bottle	
Pillow, Pillowcase*	Sunscreen	
Bed Sheets*	Insect Repellent	
	Spending Money	
	Gloves (optional)	
	Goggles	

***These items are optional as Linens will be provided**

Cancellation Policy

Amonte Sports Cancellation Insurance:

If you purchased the \$35 Cancellation Insurance you are entitled to a full cash refund of all camp fees paid to Amonte Sports at the time of cancellation.

*** Note: \$35 Cancellation Insurance fee is non-refundable.**

- To receive a full Cash Refund, you **MUST** email Ashley Gersuk at agersuk@womenslax.com **no later than 11:59 PM on Sunday June 21st, 2009**. There will be no exceptions to this deadline.

- Refund checks will be sent out by September 30th, 2009.

Amonte Sports General Cancellation Policy:

If you **did not** purchase the Cancellation Insurance and you cancel from camp for any reason you will be charged a \$50 administration fee. You will receive a Credit Voucher for all monies paid to Amonte Sports less the \$50 administration fee. The Credit Voucher is valid towards any Amonte Sports Camp/Clinic Fees through 2010 and transferable to any family member. All cancellations have to be made in writing via email to agersuk@womenslax.com.

Cash Refunds will only be issued with the purchase of Amonte Sports Cancellation Insurance.

Commuters

On the first day of camp commuters should report to registration dressed and ready to play. All other days, the arrival time is 8:45am and departure at 8:00pm. Drop off and pick up locations will be given out at registration. If commuters should drive to camp they will **not be allowed to retreat from the campus** during the course of the day. Lunch and Dinner will be provided.

Camp Phone

1-877-Y-AMONTE.

If there is no answer to your call, please leave a message on the machine and an Amonte Sports representative will return your call or relay the message to your daughter.

Camp Games

Camp games will take place every evening during our night session. Parents are welcome to come and watch. On the last day of camp parents are welcome to come and watch tournament play that will run from 9:30am–12:00pm.

Health and Safety

There will be a certified trainer working at the camp, available to attend to campers needs at all times during the week. Drugs, alcoholic beverages, and cigarettes are strictly forbidden and constitute along with general misconduct, grounds for immediate dismissal from camp without refund or credit.

Spending Money

There will be a camp store for campers to purchase drinks and 2009 Amonte Sports lacrosse apparel/merchandise. There will be a camp bank to give players the option to store money for the duration of the week.

Roommates

Campers will be assigned to a room based on age and roommate Request. If you have a roommate request that you have not yet indicated to us, please do so no later than 15 days camp starts. Please note: Milton Academy dorms are limited to mostly single rooms. Roommate requests will be placed next to each other, and counselors will be available to help move mattresses, if so desired.

Amonte Sports Contact Information

Amonte Sports PO Box 5366 Evanston IL 60204
Phone: (1-877-Y-AMONTE) Fax: (1-847-556-6453)
Agersuk@womenslax.com

Northwestern University Black Camp Daily Schedule:

(Schedule is subject to vary based on logistics of the camp)

Friday June 26, 2009

Check in @ Dorm	11:30am-1:00pm
Meeting and Welcome	1:15pm
Rules/regulation/intros/tour	1:30pm
Skills 1/Strength 1	2:00pm-4:40pm
Dinner	5:00pm-6:00pm
*Evening Games	6:00pm-8:00pm
Commuters <u>must check out</u> and be picked up at the Lakeside Turf Field 8:00pm	
It is optional to stay for the camper counselor challenge.	
*Camper Counselor Challenge	8:00pm-8:45pm
Lacrosse Films/Camp Store	8:00pm-10:00pm
Attendance Call in Dorms	10:05pm
Lights out	10:45pm

Saturday June 27, 2009

Breakfast	7:30am-9:00am
Commuter drop off and check in at Long Field	9:00am
Skills 2/Strength 2	9:00am-11:40pm
Lunch	12:00pm-1:00pm
Beach optional/break	1:00pm-1:50pm
Small Space instruction/play	2:00pm-4:40pm
Dinner	5:00pm-6:00pm
*Evening Games	6:00pm-8:00pm
Commuters <u>must check out</u> and be picked up at the Lakeside Turf Field 8:00pm	
It is optional to stay for the camper counselor challenge.	
*Camper Counselor Challenge	8:00pm-8:45pm
College talk	8:00pm-10:00pm
Attendance Call in Dorms	10:05pm
Lights out	10:45pm

Sunday June 28, 2009

Breakfast	7:30am-9:00am
*Tournament Games	9:00am-12:00pm
*Awards & Goodbyes	12:00pm-12:30pm
<u>Check out Departure</u>	12:30pm

*Parents are welcomed to come and watch evening games and our final tournament.

Northwestern University Black Goalie Camp Daily Schedule:

(Schedule is subject to vary based on logistics of the camp)

Friday June 26, 2009

Check in @ Dorm	11:30am-1:00pm
Meeting and Welcome	1:15pm
Rules/regulation/intros/tour	1:30pm
Goalie Skills 1/Equipment Check	2:00pm-4:40pm
Dinner	5:00pm-6:00pm
*Evening Games	6:00pm-8:00pm
Commuters <u>must check out</u> and be picked up at the Lakeside Turf Field 8:00pm	
It is optional to stay for the camper counselor challenge.	
*Camper Counselor Challenge	8:00pm-8:45pm
Lacrosse Films/Camp Store	8:00pm-10:00pm
Attendance Call in Dorms	10:05pm
Lights out	10:45pm

Saturday June 27, 2009

Breakfast	7:30am-9:00am
Commuter drop off and check in at Long Field	9:00am
Goalie Skills 2	9:00am-11:40pm
Lunch	12:00pm-1:00pm
Beach optional/break	1:00pm-1:50pm
Small Space instruction/play	2:00pm-4:40pm
Dinner	5:00pm-6:00pm
*Evening Games	6:00pm-8:00pm
Commuters <u>must check out</u> and be picked up at the Lakeside Turf Field 8:00pm	
It is optional to stay for the camper counselor challenge.	
*Camper Counselor Challenge	8:00pm-8:45pm
College talk	8:00pm-10:00pm
Attendance Call in Dorms	10:05pm
Lights out	10:45pm

Sunday June 28, 2009

Breakfast	7:30am-9:00am
*Tournament Games	9:00am-12:00pm
*Awards & Goodbyes	12:00pm-12:30pm
<u>Check out Departure</u>	12:30pm

*Parents are welcomed to come and watch evening games and our final tournament.

Directions to Northwestern University

Getting to Evanston from the North

via I-94

take I-94 south to **Skokie Blvd**

follow southbound Skokie Blvd approximately 2 miles to **Golf Rd**

turn left at the traffic light onto eastbound Golf Rd

follow Golf Rd approximately four miles into Evanston (the road name changes to **Emerson St** in Evanston!)

just past Maple St in Evanston is a fork in the road; bear to the right to go onto **Clark St**.

follow Clark St through downtown Evanston. You'll know you're going the correct way when you note some landmarks: the Rebecca Crown Center (which houses the offices of the Central Administration of Northwestern) on the north side of Clark St (to your left) a Burger King restaurant on the south side of Clark St (to your right). Clark St ends at **Sheridan Rd**. Take a left onto Sheridan road and bear to the left (westbound) when it reaches the main body of the Evanston campus. Signs will be posted to direct you to camp registration.

Getting to Evanston from the West or Northwest

via I-88, I-90 or I-190

take I-88, I-90 or I-190 eastbound until you reach northbound I-294 (heading toward Wisconsin)

take I-294 north to **Dempster St** east follow Dempster St approximately ten miles through the suburbs of Des Plaines, Park Ridge, Niles, Morton Grove, Skokie and Evanston turn left onto northbound **Forest Ave** just through downtown Evanston (the last traffic light before Dempster St ends at Lake Michigan); you know you'll be approaching this light by looking for the following landmarks: the second-to-last traffic light is at Chicago Ave, in downtown Evanston. At this intersection there is a Baskin-Robbins ice cream shop on the left (northeast corner), and a pet store on the right (southwest corner). One block past Chicago Ave is Hinman Ave; the intersection of Dempster and Hinman is a four-way stop. On the left (northeast corner) is an elementary school. Two blocks further is Forest Ave and its traffic light. follow northbound Forest Ave for approximately half a mile, curving to the right (eastbound), then left (northbound), until it merges with and ends at **Sheridan Rd**. When this occurs, you will see Lake Michigan on your right (to the east). Sheridan Rd curves to the left (westbound) when it reaches the main body of the Evanston campus. Signs will be posted to direct you to camp registration.

Getting to Evanston from the West or Southwest

via I-55 or I-80

if coming in on eastbound I-80, follow I-80 until the interchange with I-55; take northbound I-55

follow northbound I-55 until the interchange with I-90/I-94; take northbound I-90/I-94

when I-94 splits from I-90, bear to the right, staying on I-94 take I-94 north to **Dempster St** east follow Dempster St approximately five miles through the suburbs of Skokie and Evanston turn left onto northbound **Forest Ave** just through downtown Evanston (the last traffic light before Dempster St ends at Lake Michigan); you know you'll be approaching this light by looking for the following landmarks: the second-to-last traffic light is at Chicago Ave, in downtown Evanston. At this intersection there is a Baskin-Robbins ice cream shop on the left (northeast corner), and a pet store on the right (southwest corner). One block past Chicago Ave is Hinman Ave; the intersection of Dempster and Hinman is a four-way stop. On the left (northeast corner) is an elementary school. Two blocks further is Forest Ave and its traffic light. follow northbound Forest Ave for approximately half a mile, curving to the right (eastbound), then left (northbound), until it merges with and ends at **Sheridan Rd**. When this occurs, you will see Lake Michigan on your right (to the east). Sheridan Rd curves to the left (westbound) when it reaches the main body of the Evanston campus. Signs will be posted to direct you to camp registration.

Getting to Evanston from the East or South

via I-94, I-90, I-80 or I-57

Once you reach the Chicago area, you want to get onto northbound I-94. Please make the following notes. If you are coming

from **I-80/I-94**: I-94 splits from I-80 and heads northbound south of Chicago **I-57**: I-57 ends at and merges into I-94 on the

southside of Chicago **I-90**: I-90 merges with I-94 on the southside of Chicago Once you are on northbound I-94: when I-94

splits from I-90, bear to the right, staying on I-94 take I-94 north to **Dempster St** east

follow Dempster St approximately five miles through the suburbs of Skokie and Evanston turn left onto northbound **Forest Ave** just through downtown Evanston (the last traffic light before Dempster St ends at Lake Michigan); you know you'll be approaching this light by looking for the following landmarks: the second-to-last traffic light is at Chicago Ave, in downtown Evanston. At this intersection there is a Baskin-Robbins ice cream shop on the left (northeast corner), and a pet store on the right (southwest corner).

One block past Chicago Ave is Hinman Ave; the intersection of Dempster and Hinman is a four-way stop. On the left (northeast corner) is an elementary school. Two blocks further is Forest Ave and its traffic light.

follow northbound Forest Ave for approximately half a mile, curving to the right (eastbound), then left (northbound), until it merges with and ends at **Sheridan Rd**. When this occurs, you will see Lake Michigan on your right (to the east). Sheridan Rd curves to the left (westbound) when it reaches the main body of the Evanston campus. Signs will be posted to direct you to camp registration.

Amonte Sports Transportation Service

If you would like to take advantage of the camp transportation service, you should have indicated this during the online registration process . If you did not, and would like to, please contact agersuk@womenslax.com ASAP.

Transportation Logistics

The bus will leave each airport promptly an hour before registration on the 26th (10:30am) and will leave campus promptly an hour after camp ends on the 28th (1:30pm). Buses will arrive at each airport no later than 2:30pm on the 28th.

The bus will not be able wait for any camper who is not present due to flight delays, etc. In case of a camper missing the bus, we will leave a message with either the emergency contact or the camper's cell phone (your choice) to alert them that the bus has left, and they will then need to find their own way to campus.

Below please find numbers for both a taxi company and a car service.

From Midway Airport: http://www.ohare.com/midway/ground_transport/ground_transportation_home.shtm

- Smart Cars (1.800.871.7627)

From O'Hare Airport: http://www.ohare.com/ohare/ground_transport/ground.shtm

The best rates for cab /shuttle service from O'Hare to Evanston:

- North Shore Taxi (773.743.0066)
- Smart Cars (1.800.871.7627)

A seat on the bus will be \$15 each way. Fees will be collected during the online registration process.

If you know in advance that your daughter will be delayed, we ask that you call 1.877.Y.AMONTE and leave a message.

* If you have any questions, please contact Ashley Gersuk at agersuk@womenslax.com.

Thank you and see you at camp!

Health & Release Authorization Waiver

**** FOR OFFLINE REGISTRANTS ONLY****

I agree, warrant and covenant as follows:

Release for Medical Treatment: "I, the parent of the named Camp/School/Clinic/Tournament/Club Team participant, give permission for my child to receive emergency medical or surgical treatment and hospitalization if necessary. I understand that every attempt will be made to contact me, or the Emergency contact recorded, before taking action. I hereby waive and release the WomensLax.com and/or Amonte Sports LLC Staff, Camp/School/Clinic/Tournament/Club Team Management, and Sponsors from any liability for any injury or illness sustained while at camp/school/practice. I UNDERSTAND THAT THERE IS A RISK OF INJURY TO MY CHILD AS A RESULT OF CAMP/SCHOOL/CLINIC/TOURNAMENT/Club ACTIVITIES, AND KNOWINGLY AND VOLUNTARILY ASSUME ALL RISK OF SUCH INJURY. I will be financially responsible for any medical attention needed during camp/school/clinic/tournament/club practice or resulting from any injury received at camp/school/clinic/tournament/club practice. My medical insurance shall be the insurance coverage for any medical treatment."

Physical Certification: "I hereby certify that the named Camp/School/Clinic/Tournament/Club participant is physically able to participate in the WomensLax.com and/or Amonte Sports LLC Camp/School/Clinic/Tournament/Practice and that I know of no restrictions, physical impairments, or any other facts, which in any manner limit his/her participation in such a program."

Publicity Release: "I understand that WomensLax.com and Amonte Sports LLC retain the right to use for publicity and advertising purposes, photographs of participants taken during camps/schools/clinics/tournaments/club practices."

By accepting this Event Waiver, you are electronically signing to the WomensLax.com/Amonte Sports LLC Camp/School/Clinic/Tournament Health and Release Authorization.

Participant Name: _____

Event: _____

Parent/Guardian Signature: _____

Date: _____

Medical Insurance Information:

Carrier Name: _____ Policy Number: _____

Policy Holder Name: _____ Policy Holder Date of Birth: _____